

By participating in the Research and Practice Day – 3-Minute Thesis (3MT) competition, you agree to the following rules:

3MT Rules

- A single, static PowerPoint slide is permitted (no slide transitions, animations, or “movement” of any description are allowed), and the slide is to be presented from the beginning of the oration and remain in view for the duration of the oration.
- No additional electronic media (e.g., sound and video files) are permitted.
- No additional props (e.g., costumes, musical instruments, laboratory equipment) are permitted.
- Presentations are limited to 3 minutes maximum and competitors exceeding 3 minutes are disqualified.
- Presentations are to be spoken in standard oratory prose (i.e., no poems, raps or songs, other than those that may be the target of research).
- Presentations are considered to have commenced when a presenter starts their presentation through movement or speech.